

Curries & Noodle Soups

Jungle curry with roast vegetables, kaffir lime, coconut cream, fried tofu & coriander **D** **V** \$18

Five spice yellow chicken curry with cherry tomatoes, peas, beans & coconut cream **D** \$22

Red duck curry with cherry tomatoes, bamboo shoots, pineapple, beans & thai basil **D** \$25

Mussaman curry of braised lamb shank with kumara, coriander & roasted peanuts **D** \$22

Free range chicken noodle soup with egg noodles in a coconut, lemongrass & red curry broth **D** **G** \$20

Vietnamese rare beef pho with lemon, rice noodles, spring onion, coriander & chilli **D** **G** \$20



CHOW

Our dishes are prepared fresh in the kitchen & delivered straight to your table. Some dishes do come out at different times & we recommend sharing dishes so you can try a little bit of everything.

Steam

Coconut prawn dumplings with galangal, bamboo & lemongrass **D** \$15

Banana leaf wrapped tarakihi with sweet & tangy coconut sauce **D** **G** \$17

Salmon parcels with spinach & cashew pesto, pickled ginger & soy sauce **D** \$17

Asian Greens with sesame oil & oyster sauce **D** **G** \$12

Fresh

Vietnamese rice paper rolls with vermicelli, mint & coriander **D** **V** \$12

Prawn summer rolls with chives, coriander, lettuce & peanut nam prik **D** \$14

Orange & pistachio salad with mint, coriander & chilli **D** **G** **V** \$16

Pekin duck lettuce cups with shiitake mushroom, garlic, lemongrass & spring onion **D** \$18

Fresh market fish sashimi with fresh lemon & wasabi **D** **G** \$17

Manuka smoked fish salad with cucumber, cherry tomatoes, coriander & nahn prik **D** **G** \$20

Grilled free range chicken salad with roasted cashews, red cabbage & coriander **D** **G** \$20

Rare prime angus beef salad with mint, tomato, coriander, roasted peanuts & nam prik **D** **G** \$20

Grill

Marlborough mussel fritters with carrot, garlic & coriander **D** \$16

Seared sesame tuna with cucumber pickle & wasabi ponzu dipping sauce **D** **G** \$18

Free range pork & shiitake mushroom dumplings with red raspberry vinegar **D** \$15

Free range pork & prawn cakes served with red curry dipping sauce **D** **G** \$17

Rib of beef marinated in coconut cream, lemongrass, ginger, kaffir lime & chilli **D** \$18

Beggars Purse with mushroom, leek, bamboo & peanuts **D** **V** \$15

Free range chicken satay with cucumber sticks & spicy peanut sauce **D** **G** \$17

Malaysian style prime angus beef satay with cucumber sticks & spicy peanut sauce **D** **G** \$18

Tarakihi thai style fish cakes served with chilli lime dipping sauce **D** \$15

Grilled tiger prawns with lemongrass, garlic & wasabi mayo **D** **G** \$17

Fry

Castro's blue cheese & peanut wontons with berry coulis **V** \$15

Seven spice tofu with sea salt, sesame & chilli soy sauce **D** **G** **V** \$11

Vegetable spring rolls with sweet chilli dipping sauce **V** \$13

Salt & pepper squid with wasabi mayo **D** \$15

Pumpkin & cashew fritters with saffron, coriander & sweet chilli sauce **D** **V** \$14

Crispy fried chicken with sweet chilli sauce **D** \$15

Sides

Jasmine rice \$3

Coconut rice \$4

Udon noodles with sweet garlic soy **D** **V** \$6

Sesame soba noodles **D** **G** \$7

Seasonal Vegetables with oyster sauce **D** **G** \$8

Edemame with spicy sesame sea salt & sesame oil **D** **G** **V** \$9

Key

- V** vegan
- V** vegetarian
- D** dairy free
- G** gluten free
- G** gluten free upon request




CHOW

\$25 Lunch

Have lunch without the drink for \$20

1 Choose a Drink

Peach Iced Tea - Non Alcoholic Cocktail
Little Organic - Sauvignon Blanc 
Orion - Tap Beer


2 Choose Two Dishes

Free range pork & shiitake mushroom dumplings with red raspberry vinegar 

Marlborough mussel fritters with carrot, garlic & coriander 

Orange & pistachio salad with mint, coriander & chilli   

Salt & pepper squid with wasabi mayo 

Castro's blue cheese & peanut wontons with berry coulis 

Vietnamese rice paper rolls with vermicelli, mint & coriander  

Beggars Purse with mushroom, leek, bamboo & peanuts  

Malaysian style prime angus beef satay with cucumber sticks & spicy peanut sauce  


Jungle curry with roast vegetables, kaffir lime, fried tofu & coriander  

Pumpkin & cashew fritters with saffron, coriander & sweet chilli sauce  

3 Choose Your Rice

Jasmine rice
Coconut rice

Key

-  vegan
-  vegetarian
-  dairy free
-  gluten free
-  gluten free upon request
-  organic

Mondays

Every Monday all day and night order any two dishes & we'll give you the lower priced item free. Sides are not included

2 for 1

Cocktails

Every Wednesday & Saturday order your favourite Chow cocktail and we'll give you 2 for the price of 1

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