

Curries & Noodle Soups

Jungle curry with roast vegetables, kaffir lime, coconut cream, fried tofu & coriander **D** **V** \$17

Five spice yellow chicken curry with cherry tomatoes, peas, beans & coconut cream **D** \$20

Red duck curry with cherry tomatoes, bamboo shoots, pineapple, beans & thai basil **D** \$25

Mussaman curry of braised lamb shank with kumara, coriander & roasted peanuts **D** \$21

Free range chicken noodle soup with egg noodles in a coconut, lemongrass & red curry broth **D** **G** \$20

Vietnamese rare beef pho with lemon, rice noodles, spring onion, coriander & chilli **D** **G** \$20



CHOW

Fresh, Fast & Free Range

Steam

Coconut prawn dumplings with galangal, bamboo & lemongrass **D** \$15

Banana leaf wrapped tarakihi with sweet & tangy coconut sauce **D** **G** \$16

Salmon parcels with spinach & cashew pesto, pickled ginger & soy sauce **D** \$17

Asian Greens with sesame oil & oyster sauce **D** **G** \$12

Fresh

Vietnamese rice paper rolls with vermicelli, mint & coriander **D** **V** \$12

Prawn summer rolls with chives, coriander, lettuce & peanut nahm prik **D** \$14

Cumin scented roast pumpkin salad with green beans, pumpkin seeds & sweet chilli dressing **D** **G** **V** \$16

Pekin duck lettuce cups with shiitake mushroom, garlic, lemongrass & spring onion **D** \$17

Fresh market fish sashimi with fresh lemon & wasabi **D** **G** \$17

Grilled free range chicken salad with roasted cashews, red cabbage & coriander **D** **G** \$20

Rare prime angus beef salad with mint, tomato, coriander, roasted peanuts & nahm prik **D** **G** \$20

Salmon fillet salad with lemon sesame soba noodles & crispy kumara **D** \$25

Grill

Marlborough mussel fritters with carrot, garlic & coriander **D** \$15

Seared sesame tuna with cucumber pickle & wasabi ponzu dipping sauce **D** **G** \$18

Free range pork & shiitake mushroom dumplings with red raspberry vinegar **D** \$15

Rib of beef marinated in coconut cream, lemongrass, ginger, kaffir lime & chilli **D** \$18

Mushroom & leek dumplings with bamboo & peanuts **D** **V** \$15

Free range chicken satay with cucumber sticks & spicy peanut sauce **D** **G** \$17

Malaysian style prime angus beef satay with cucumber sticks & spicy peanut sauce **D** **G** \$18

Tarakihi thai style fish cakes served with chilli lime dipping sauce **D** \$15

Grilled tiger prawns with lemongrass, garlic & wasabi mayo **D** **G** \$17

Fry

Castro's blue cheese & peanut wontons with berry coulis **V** \$14

Seven spice tofu with sea salt, sesame & chilli soy sauce **D** **G** **V** \$10

Salt & pepper squid with wasabi mayo **D** \$14

Banana leaf wrapped free range chicken marinated in red curry paste **D** **G** \$15

Pumpkin & cashew fritters with saffron, coriander & sweet chilli sauce **D** **V** \$14

Crispy fried chicken with sweet chilli sauce **D** \$15

Sides

Jasmine rice \$2

Coconut rice \$3

Udon noodles with sweet garlic soy **D** **V** \$6

Sesame soba noodles **D** **G** \$7

Seasonal Vegetables with oyster sauce **D** **G** \$7

Edemame with spicy sesame sea salt & sesame oil **D** **G** **V** \$9

Condiments

Wasabi mayo **D** **G** **V** \$2

Peanut sauce **D** **G** \$2

Nahm prik **D** **G** \$2

Garlic soy **D** **V** \$2

Cucumber chilli soy **D** **V** \$2

Key

V vegan

V vegetarian

D dairy free

G gluten free

G gluten free upon request

Share the love


Our dishes are prepared fresh in the kitchen & delivered straight to your table. Some dishes do come out at different times & we recommend sharing dishes so you can try a little bit of everything.



CHOW

\$25 Lunch

1 Choose a Drink

Peach Iced Tea - Non Alcoholic Cocktail
Little Organic - Sauvignon Blanc 
Orion - Tap Beer

2 Choose Two Dishes

Free range pork & shiitake mushroom dumplings with red raspberry vinegar 

Marlborough mussel fritters with carrot, garlic & coriander 

Cumin scented roast pumpkin salad with green beans, pumpkin seeds & sweet chilli dressing 

Salt & pepper squid with wasabi mayo 

Castro's blue cheese & peanut wontons with berry coulis 

Vietnamese rice paper rolls with vermicelli, mint & coriander 

Mushroom & leek dumplings with bamboo & peanuts 

Malaysian style prime angus beef satay with cucumber sticks & spicy peanut sauce 




Jungle curry with roast vegetables, kaffir lime, fried tofu & coriander 

Pumpkin & cashew fritters with saffron, coriander & sweet chilli sauce 

3 Choose Your Rice

Jasmine rice
Coconut rice

Key

- | | |
|--|--|
|  vegan |  gluten free |
|  vegetarian |  gluten free upon request |
|  dairy free |  organic |

Mondays

Every Monday all day and night order any two dishes & we'll give you the lower priced item free. Sides are not included

2 for 1

Cocktails

Every Wednesday & Saturday order your favourite Chow cocktail and we'll give you 2 for the price of 1

Stay connected

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www.chow.co.nz